

A Reference Guide about:

Fear, Worry, and Anxiety

Do not be anxious about anything, but in everything by prayer and pleading with thanksgiving let your requests be made known to God (Philippians 4:6, NASB).

Peace I leave you, my peace I give you; not as the world gives, do I give to you. Do not let your hearts be troubled, nor fearful. ~Jesus (John 14:27)

**Out of our love for and fear of God,
we do what He expects of us
and turn the rest over to Him in prayer.**

Fear of the LORD

Fear God and keep his commandments, for this is the whole duty of man (Ecclesiastes 12:13b, ESV).

The fear of the Lord is a fountain of life, by which one may avoid the snares of death (Proverbs 14:27, NASB).

Better is a little with the fear of the Lord than great treasure, and turmoil with the treasure (Proverbs 15:16).

The fear of the Lord leads to life, so that one may sleep satisfied, untouched by evil (Proverbs 19:23).

The Lord is exalted, for He dwells on high;
He has filled Zion with justice and righteousness.
And He will be the stability of your times,
A wealth of salvation, wisdom, and knowledge;
The fear of the Lord is his treasure (Isaiah 33:5-6).

Command to fear God/ fear of God required:

Deuteronomy 10:12; Psalm 33:8; 34:8-10; Proverbs 23:17

What is fear of God? Psalm 34:11-14; Proverbs 8:13

Why fear God? 2 Chronicles 20:6; Ecclesiastes 3:14; Matthew 10:28

How to fear God: Proverbs 2:1-5

Leads to life/health/holiness: Psalm 34:11-14;

Proverbs 3:7-8; 14:27; 19:23; 2 Corinthians 6:16-7:1

Related to wisdom/knowledge: Job 28:28; Psalm 111:10;

Proverbs 1:7; 3:7; 9:10

Fear of God as refuge: Proverbs 14:26

God's response to our fear: Psalm 25:14; 103:13; Proverbs 22:4;

Luke 1:50

Fear of God and guidance: Psalm 19:9-14; 25:12

Fear of God and provision: Psalm 33:18-19; 34:9-10

Fear of God and relationships: Leviticus 19:9-18; 25:17;

Colossians 3:22-25

Fear of God leads to worship: Psalm 22:23

“For My thoughts are not your thoughts,
Nor are your ways My ways,” declares the LORD.
“For as the heavens are higher than the earth,
So are My ways higher than your ways
And My thoughts than your thoughts” (Isaiah 55:8-9).

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Guide to Verses when Feeling Fear of:

- **Man** – Prov 29:25; Isaiah 51:12-13; Matthew 10:28; Hebrews 13:6
- **Not getting married** – Isaiah 54:5; Hosea 2:16
- **Not having children** – 1 Samuel 1:1-11; Psalm 113:9; Isaiah 54:1-3; Luke 23:27-29
- **Having children** – Genesis 1:28; Psalm 127:3-5
- **Loneliness** – Psalm 27:7-10; Isaiah 41:10; 58:9; Romans 8:31-38
- **Missing an experience** – Acts 20:24; Philippians 3:8, 14; Colossians 2:8; 2 Timothy 2:1-7; Hebrews 12:1-2
- **Current events** – Ps 112:1, 7-8; Mt 24:6-7; Jn 14:27; 1 Tim 2:1-4
- **Satan** – Mt 4:1-11; 13:18-23; Jn 8:31-47; Eph 2:1-10; 1 Pet 5:6-11
- **Embarrassment** - Isaiah 61:7; 1 Cor 1:26-31; Galatians 1:10
- **End times/persecution/suffering** – Isaiah 43:2; Psalm 9:9; Matthew 24:6-7; 1 Thessalonians 5:1-11
- **Confrontation** – Psalm 3:3, 6; 2 Timothy 1:7
- **Ill health** – Deuteronomy 31:8; Psalm 41:3; 103:3; Proverbs 14:30; Isaiah 41:10; Jeremiah 17:14; James 5:13-16
- **Failure** – Exodus 4:10-17; Joshua 1:7-9; 1 Kings 2:3; Psalm 1:1-3; 37:23-24; Romans 8:28, 37; Philippians 4:13
- **Committing unpardonable sin** – Isaiah 41:10; John 6:37-40; 2 Corinthians 7:9-11
- **Losing mental abilities** - Psalm 22:24; Isaiah 41:10; 50:10; Ephesians 6:17; Philippians 1:6
- **Being seen as crazy** – Acts 26:19-32; Ephesians 6:16
- **A mediocre life, not being significant nor leaving a legacy** – Psalm 78:5b-7; 112:1-2, 6b; Proverbs 22:1; 2 Timothy 1:5
- **Not having control (of others, of events)** – Psalm 9:10; Jeremiah 29:11; Matthew 11:28-30; Romans 8:28
- **Future** - Psalms 37:37; 112:1-8; Proverbs 3:5-6; 19:21; 23:17-18; Matthew 6:31-34
- **Vulnerability** - Prov 14:26; 1 Cor 1:25, 27; 2 Cor 4:7-12; 12:9-10
- **Violence** – 2 Samuel 22:2-4; Psalm 11:5; 18:47-48; 55:4-11; 140:1, 4-5; Jeremiah 15:21; Galatians 5:19-26
- **Financial fears** – Proverbs 3:9-10; Matthew 6:19-21, 24; Philippians 4:19; 1 Timothy 6:6-10, 17-19
- **Acts of nature** - Job 38:4-39:30; Psalm 19:1; 46; 148:1-10; Matthew 8:23-27; Luke 8:22-25; Mark 4:35-41
- **Lack** – Deuteronomy 28:1-14; Psalm 34:9-10; 2 Corinthians 9:8
- **Old age** – Job 12:12; Psalm 71:5-9, 17-21; Isaiah 46:4; 49:16
- **Enemies** - Psalm 23:5; 34:7; 49:5-20; Isaiah 54:17; Matthew 5:11-12; Luke 8:17; Romans 12:19; Ephesians 6:12-13
- **Angering God** – Deuteronomy 9:7; Luke 1:50; Ro 8:1; Eph 5:8-11
- **Death** - Psalm 23:4; 116:15; Proverbs 14:27; 19:23; Ezekiel 18:32; John 12:25; 1 Thessalonians 4:13-18; Hebrews 2:14-15
- **Having regrets, fear of making wrong decision/doing the wrong thing** - Deuteronomy 31:8; 1 Chronicles 28:20; Job 28:28; Psalm 25:12; 32:8; 111:10; Proverbs 1:7; 2:1-15; 9:10; 11:14
- **Sharing gospel** – Matthew 5:11-12; Acts 13:47; 2 Timothy 1:6-8

Yours, LORD, is the greatness, the power, the glory, the victory, and the majesty, indeed everything that is in the heavens and on the earth; Yours is the dominion, LORD, and You exalt Yourself as head over all. Both riches and honor come from You, and You rule over all, and in Your hand is power and might.

(1 Chron 29:11-12a).



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